



St. Jude Children's  
Research Hospital

ALSAC • Danny Thomas, Founder

# Early Mortality in Children with Cancer

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**April 4, 2014**

# Outline

- Factors associated with an increased early mortality in children with cancer
- Management of selected non-infectious complications during the treatment of hematological malignancies

# Definition of Complications Causing Early Mortality

Physiopathological abnormalities caused by the disease or its management which have the potential to cause life-threatening complications during the first two to four weeks from admission

# Deaths During Induction: ALL

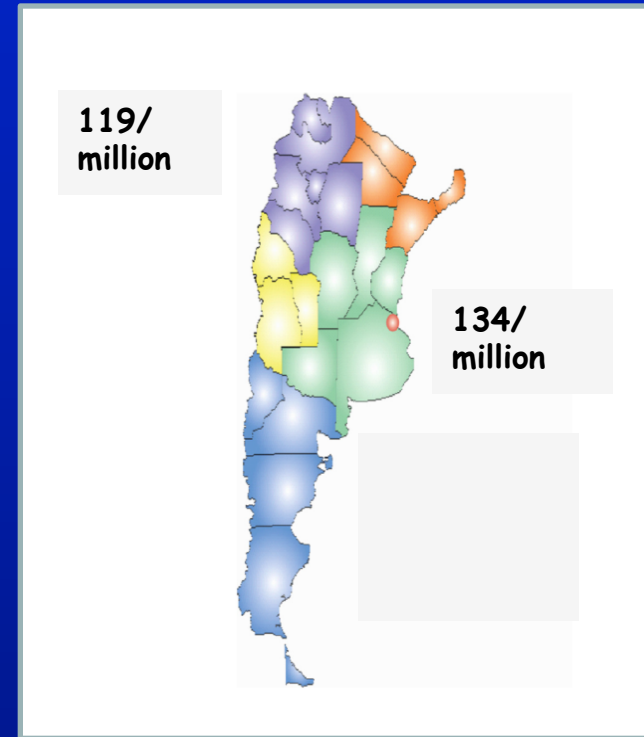
- 1011 patients (1984-1999) with ALL
- 14 (1.4%) deaths during induction
- Factors associated with early death
  - Age > 10 years
  - WBC count  $\geq 100 \times 10^9/L$

# Deaths During Induction: AML

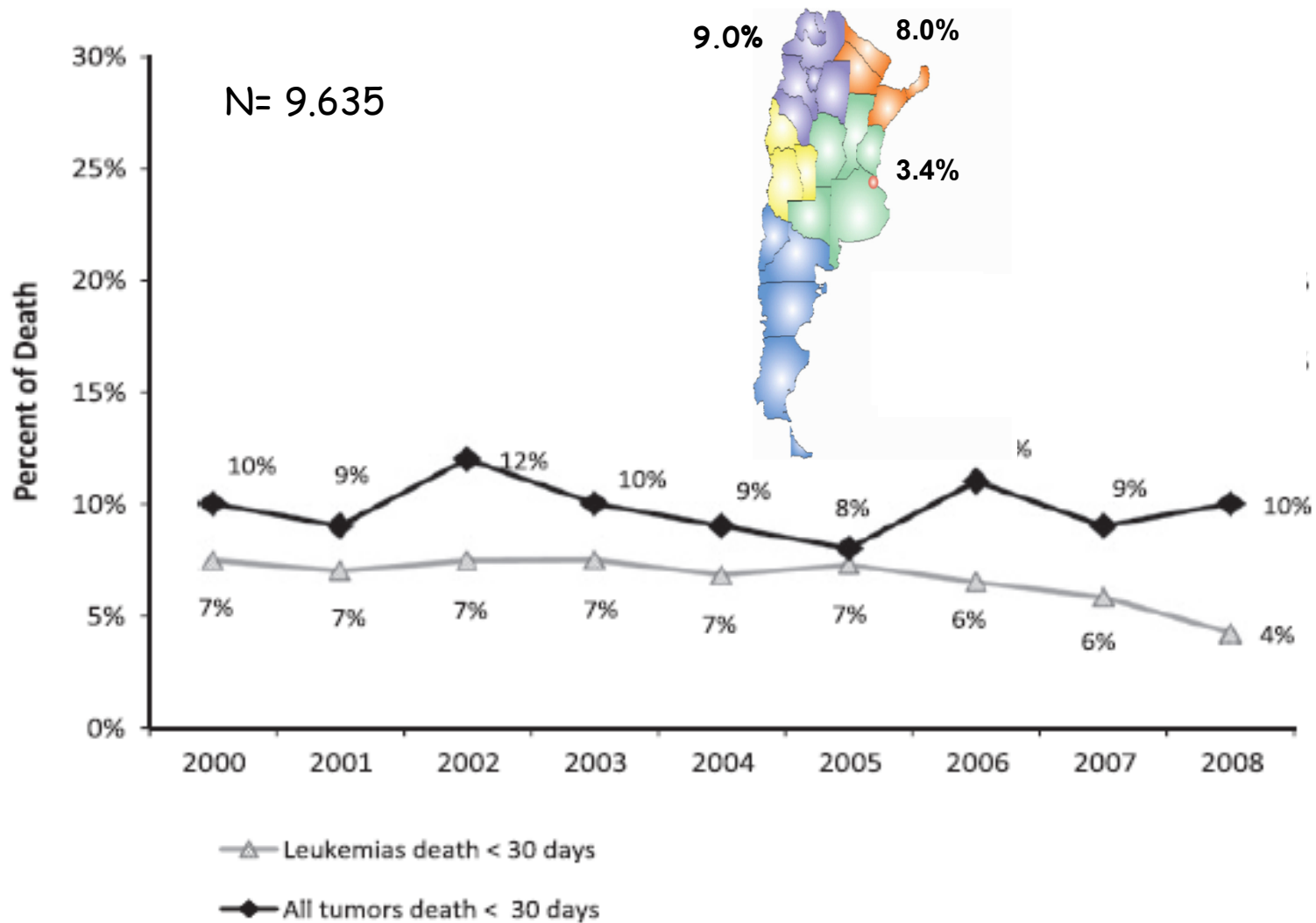
- 259 patients (1984-1999) with AML
- 8 (3.0%) deaths during induction
- Factors associated with early death
  - WBC count  $\geq 100 \times 10^9/L$  (3/29; 10%)
  - FAB M5 (4/60; 6.7%)

# Early Death in Argentina: ROHA study from 2000-2008

- 11,447 children (0-14 years)
- 91% histologically verified
- 80% patients treated in public hospitals
- Overall age standardized
- incidence rates ranged between 119 and 134 per million children



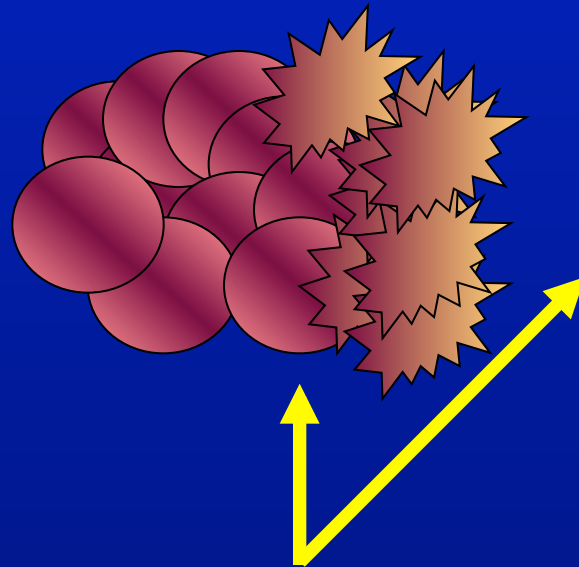
# Death in Children with Cancer in Argentina



# Pathobiologic Interactions

## Tumor-Related

Tumor type  
Infiltration  
Compression  
Secretion



## Host-Related

Constitutional  
Renal  
Hemodynamic  
Respiratory  
Gastrointestinal  
Neurologic  
Metabolic  
Inflammatory

Event

(spontaneous or intentional)



# Hematopoietic Malignancies

## Early Life-Threatening Complications

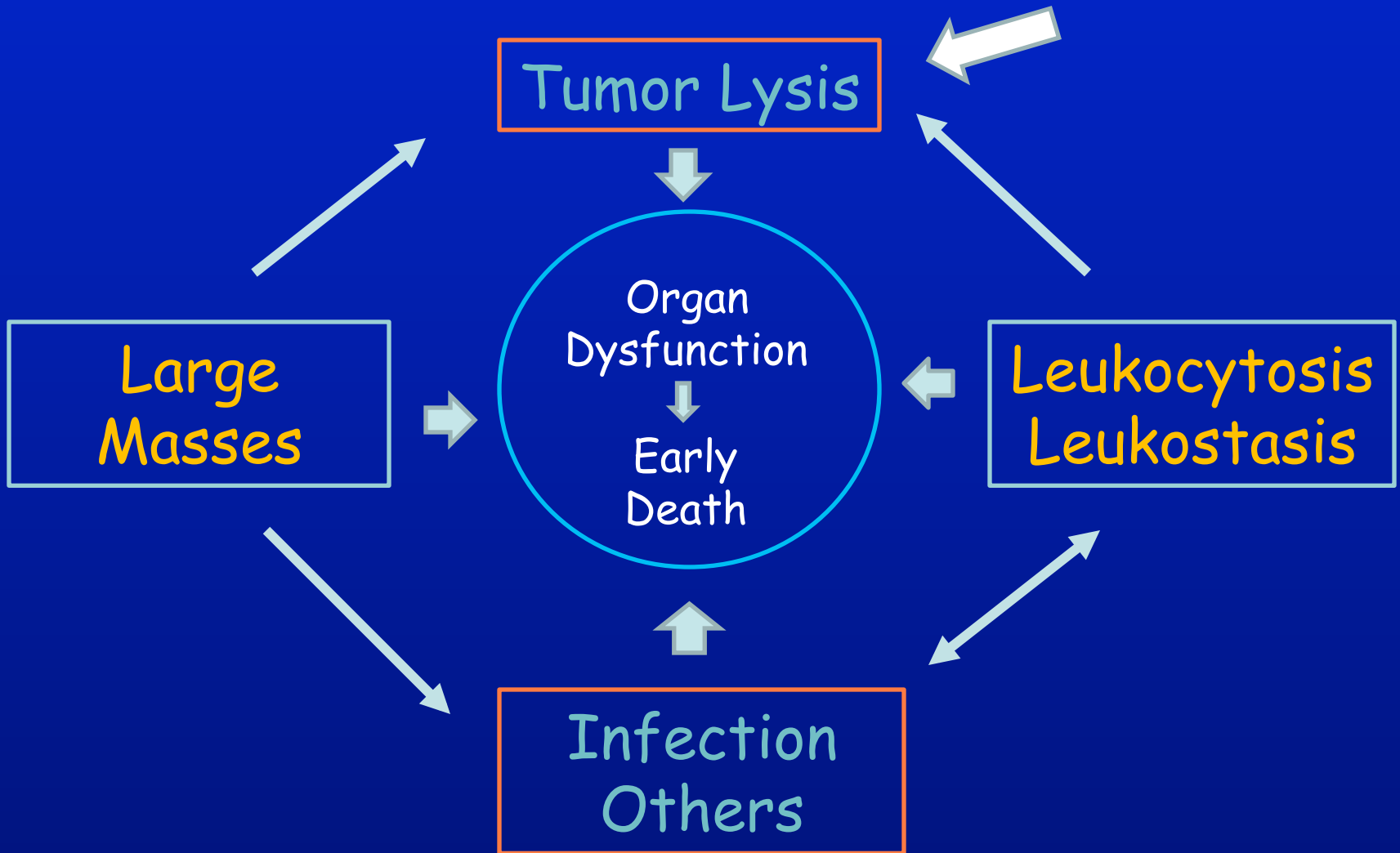
- Tumor Lysis Syndrome
  - Metabolic
  - Others
- Compartment compression syndrome
  - Mediastinum (airways/SVC)
  - Abdomen
- Leukostasis syndrome
- Coagulopathy (Bleeding/Thrombosis)
- Infectious complications

# Supportive Care of Leukemia and Lymphomas in Children

Consider all patients with newly diagnosed leukemia or lymphoma to be at risk of life-threatening complications therefore a medical emergency

"Assume all non-identified fish to be sharks!"

# A Pathological Conspiracy



# Tumor Lysis: Type of Malignancy

- Lymphoproliferative

- Lymphoblastic Leukemia
- Non-Hodgkin Lymphoma

METABOLIC

Uric Acid

Calcium

- Myeloproliferative

- Promyelocytic Leukemia
- Monoblastic
- Myelomonoblastic

COAGULOPATHY

DS

SISTEMIC

INFLAMMATORY

RESPONSE

# Metabolic Cell Lysis Syndrome

## Hallmark

Rapid increase of uric acid plasma levels

Primary Target Organ: Kidney

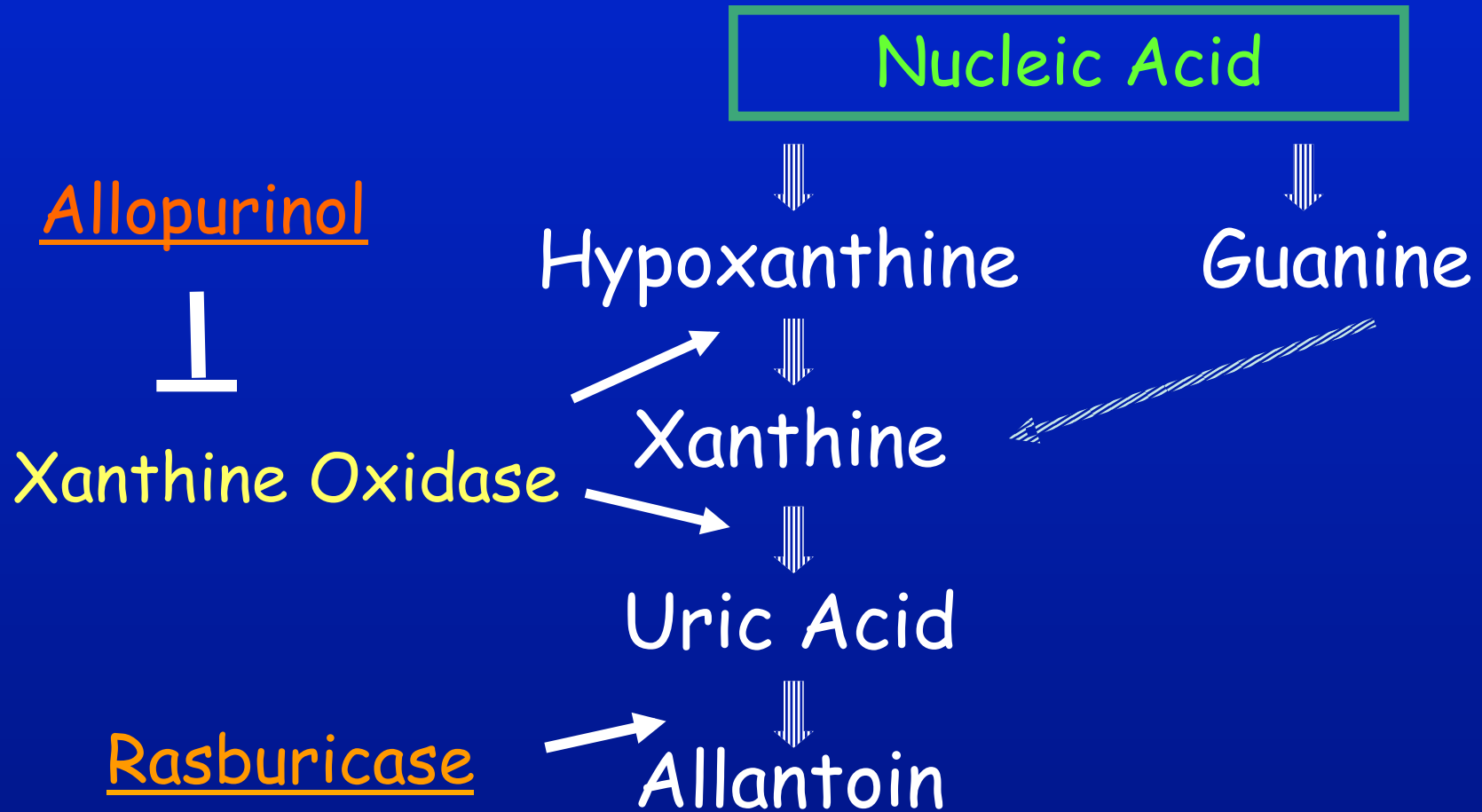
- Hyperleukocytosis/high tumor burden
  - Compression of the genitourinary tract
- Highly chemotherapy-sensitive tumor (lymphoid leukemia and Burkitt lymphoma)
- Co-morbid conditions
  - Dehydration, infection, metabolic acidosis

# Management of Metabolic Cell Lysis

## Fluid Management

- Begin immediately
  - 3 L/m<sup>2</sup>/day or 125 mL/m<sup>2</sup>/hr
  - Fluid balance every 6 hours (retain no more than 150 ml/m<sup>2</sup> in 6 hours)
  - Maintain urine output at 100 mL/m<sup>2</sup>/hr and specific gravity <1.010
  - Forced diuresis (furosemide)
  - NaHCO<sub>3</sub> if necessary (urinary pH ~ 7.0-7.5)
- No potassium or calcium in IV solution
- Phosphate binder (renagel, lanthanum)
- Adjust sodium load per age and Na<sup>+</sup>

# Specific Management: Hyperuricemia



# Non-Metabolic Tumor Lysis: Acute Myelomonoblastic Leukemia

- 4-year-old girl with a sore throat
- WBC: 30,700/ $\mu$ L with 14% blasts; Hgb: 9.6 g/dl; Platelets 75,000/ $\mu$ L
- BMA/Bx: AML-M4eo, inv(16)
- CXR: Increased interstitial markings with diffuse haziness and coarse reticulonodular pattern; peribronchial thickening



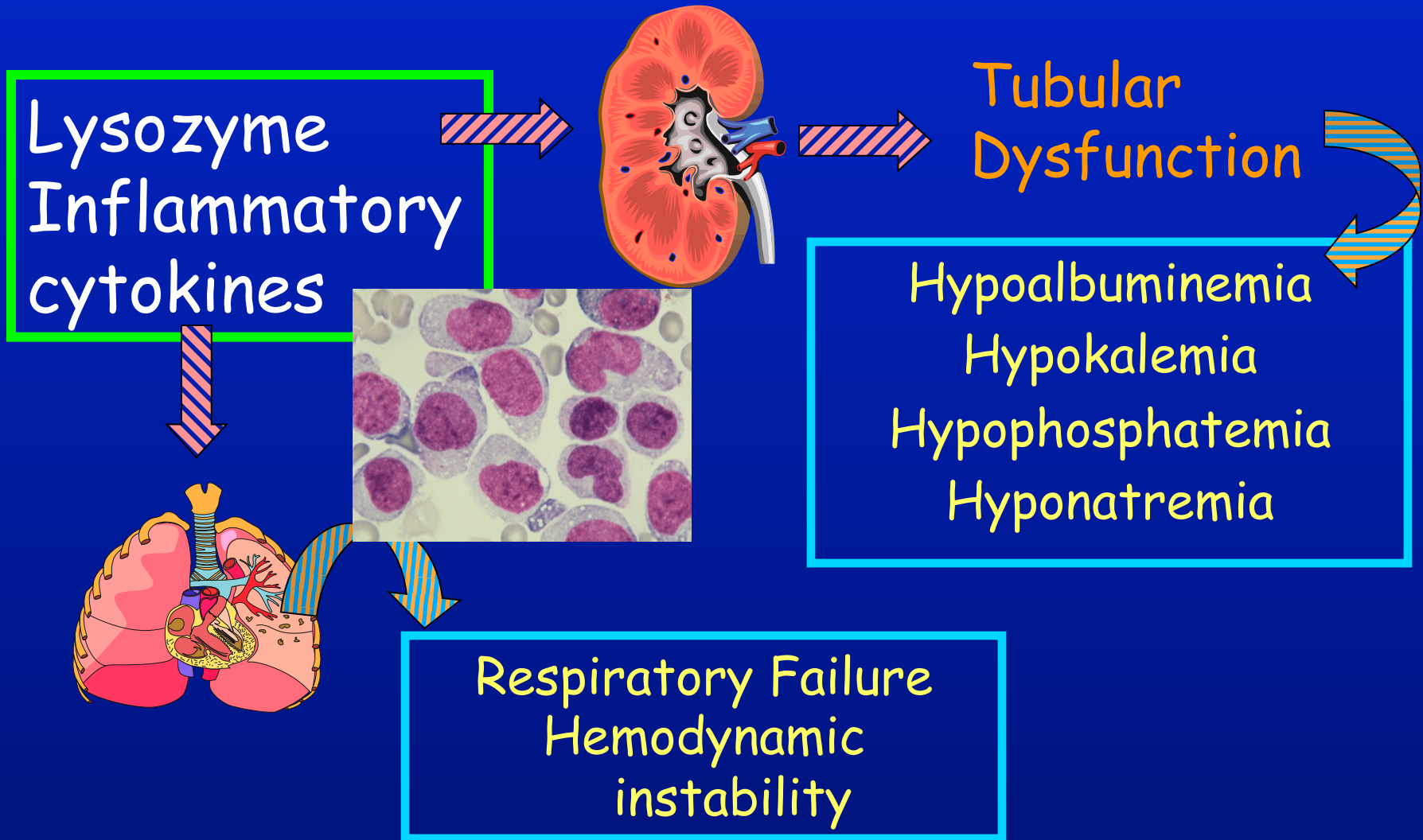
# Non-Metabolic Tumor Lysis Clinical Course (cont.)

- 2 hrs after start of chemotherapy,  $O_2$  saturation fell; 100%  $O_2$  required
- 6 hrs after, hypotension requiring fluid resuscitation; mechanical ventilation
- Steroids
- Chemotherapy was held

# Non-Metabolic Tumor Lysis Clinical Course (cont.)

- Dopamine and norepinephrine
- Steroids
- On day 5, chemotherapy restarted
- By day 8 all pressors were discontinued and she was extubated
- Tolerated further therapy well

# Abnormalities Associated with Myelomonoblastic Leukemia Lysis

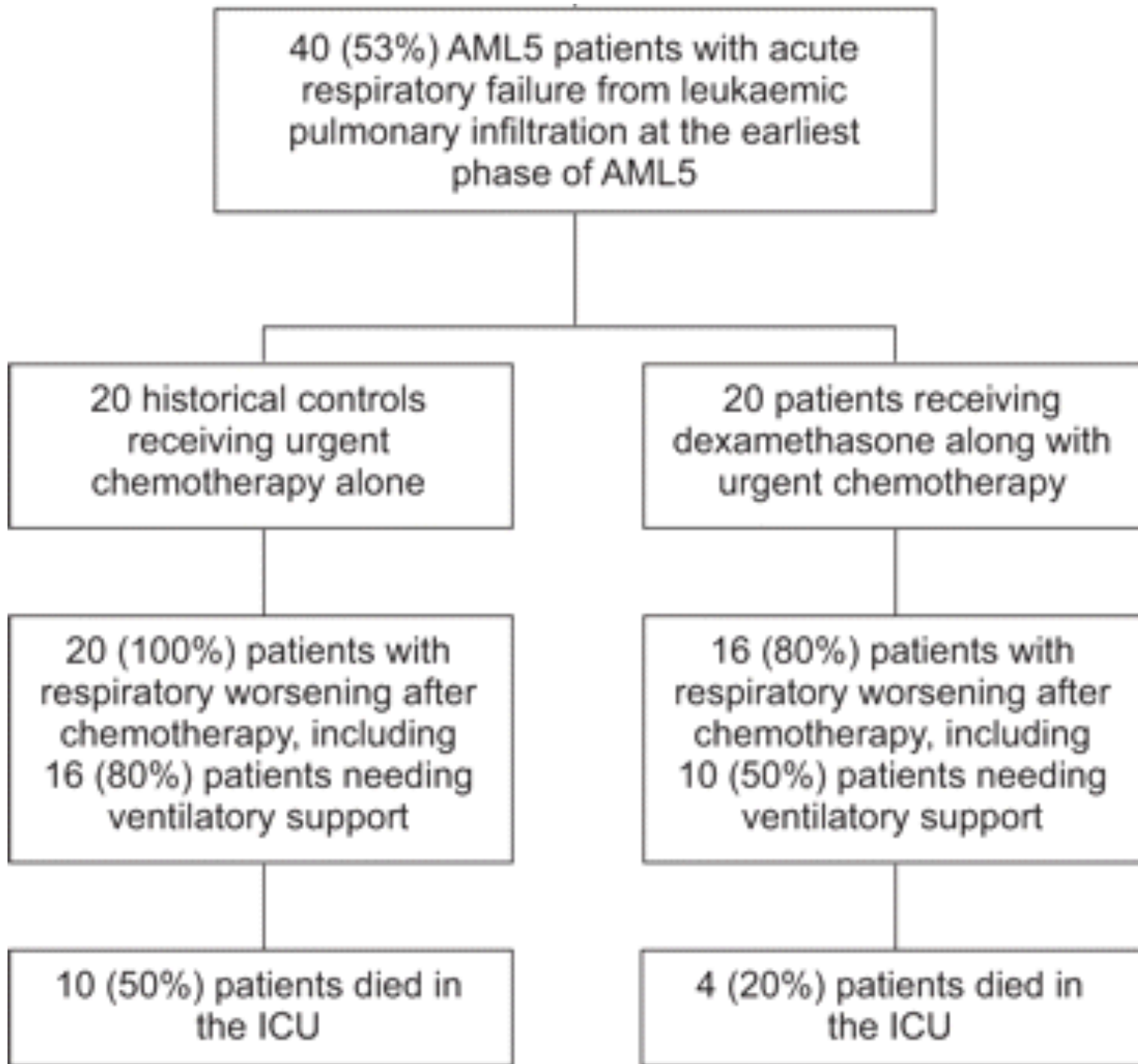


# Initial Management of Myelomonoblastic leukemia

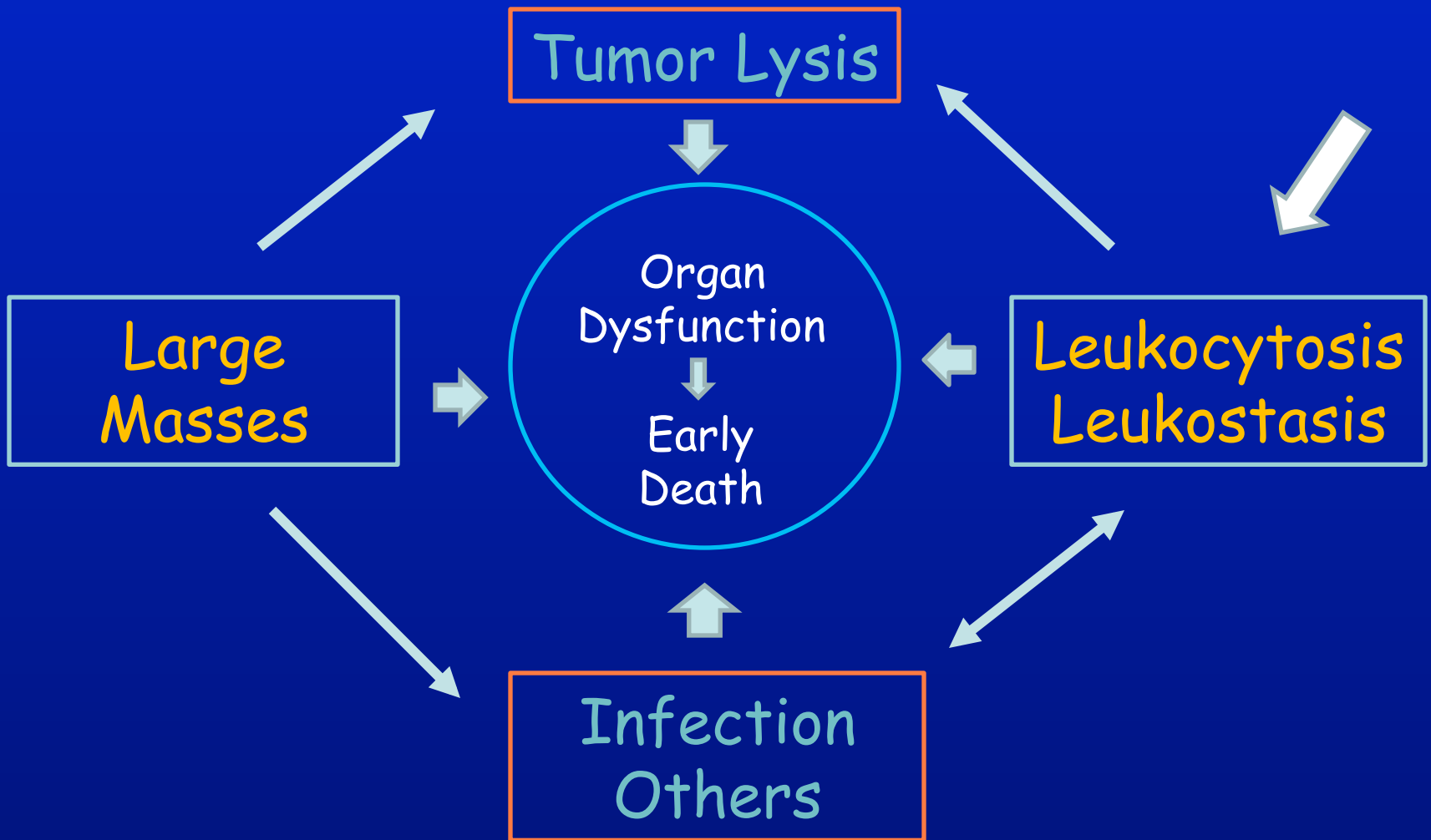
- **Low-dose cytarabine**
- **Carefully fluid balance**
- **Stop chemotherapy if abrupt cell lysis occurs**
- **Corticosteroids**
- **Vasopressors**
- **Lung protection**

# Dexamethasone Use in Monocytic Leukemia

- 45 patients with AML M5 (2005-2008)
- 20 required ICU before chemotherapy for respiratory manifestations
- None had prior comorbidity
- Dexamethasone (10 mg q 6 h) until WBC  $< 1 \times 10^9/L$
- Control a historic group



# A Pathological Conspiracy



# Hyperleukocytosis

- Associated with both ALL and AML
- Defined as  $WBC > 100 \times 10^9/L$ 
  - 15% lymphoblastic leukemia
  - 20% myeloid leukemia
- Associated with an increased mortality rate
- Complications: Neurologic, Pulmonary and Metabolic



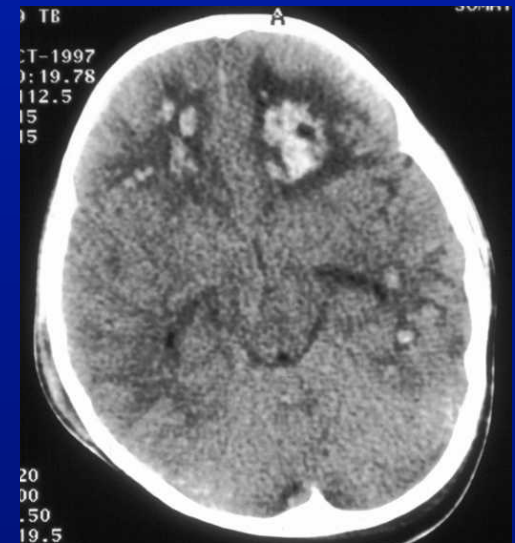


# Factors Associated with Hyperleukocytosis

- Age < 1
- T-cell, monoblastic
- Large liver and spleen
- Elevated LDH
- Cytogenetics
  - 11q23
  - Ph-positive

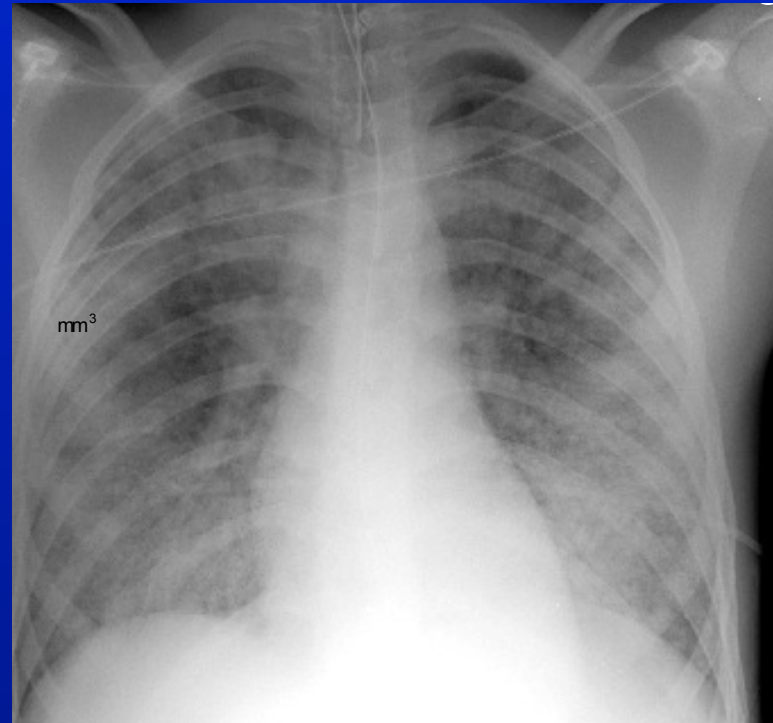
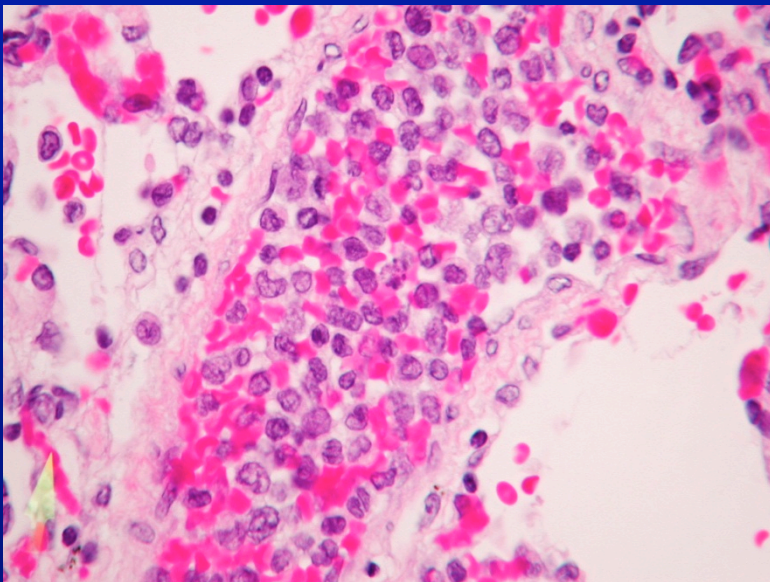
# CNS Leukostasis

- Symptoms include: headache, mental status changes, vision changes, seizures, coma, death
- Intracranial hemorrhage



# Pulmonary Leukostasis Syndrome

- Triad: respiratory symptoms, hypoxia, infiltrates on CXR
- Pulmonary hemorrhage



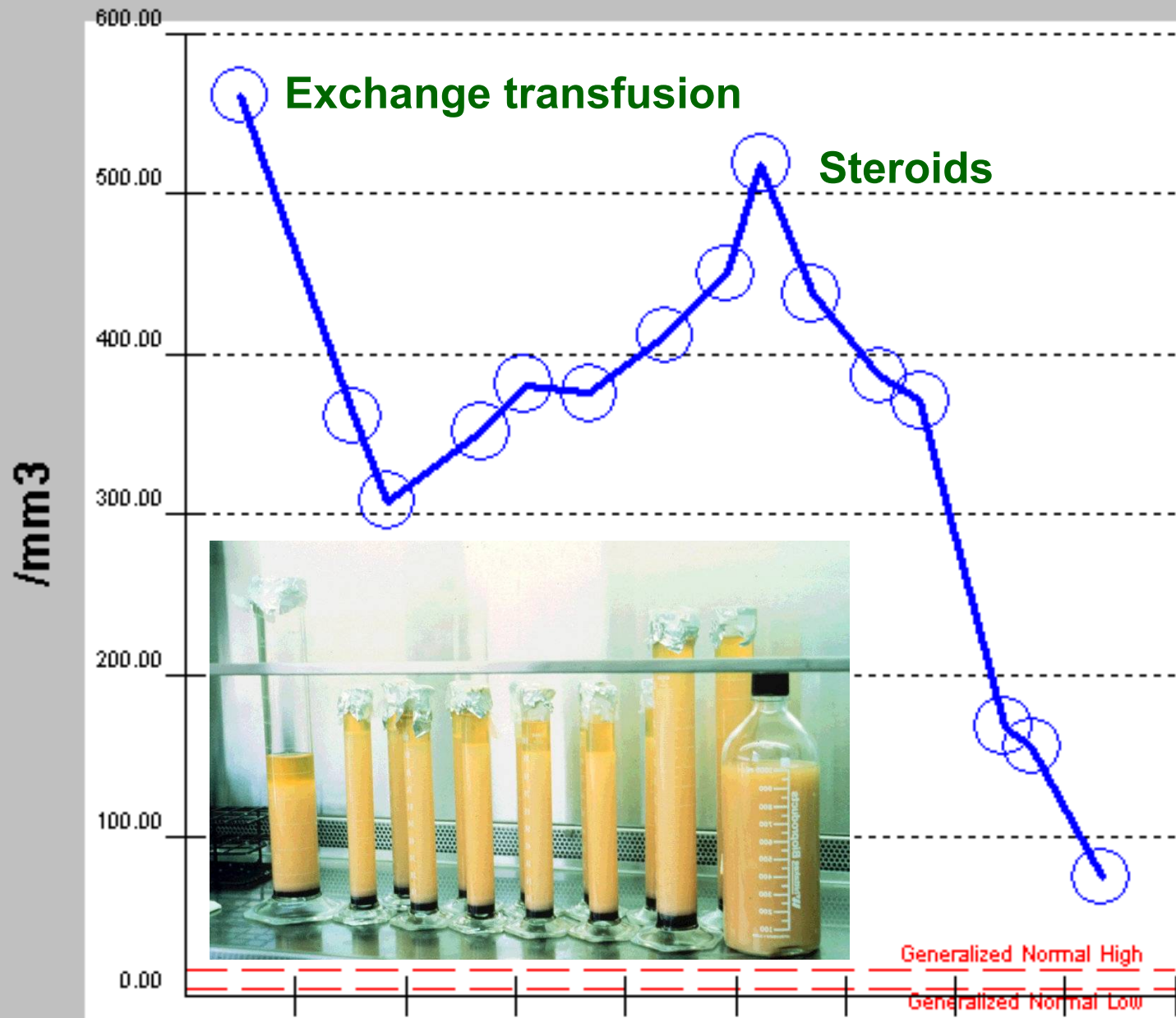
Leukemic infiltrates throughout  
Alveolar exudate & hyaline membranes  
Alveolar hemorrhage  
Leukostatic plugs in pulmonary vessels  
Enlarged right ventricle

# Specific Management of Hyperleukocytosis

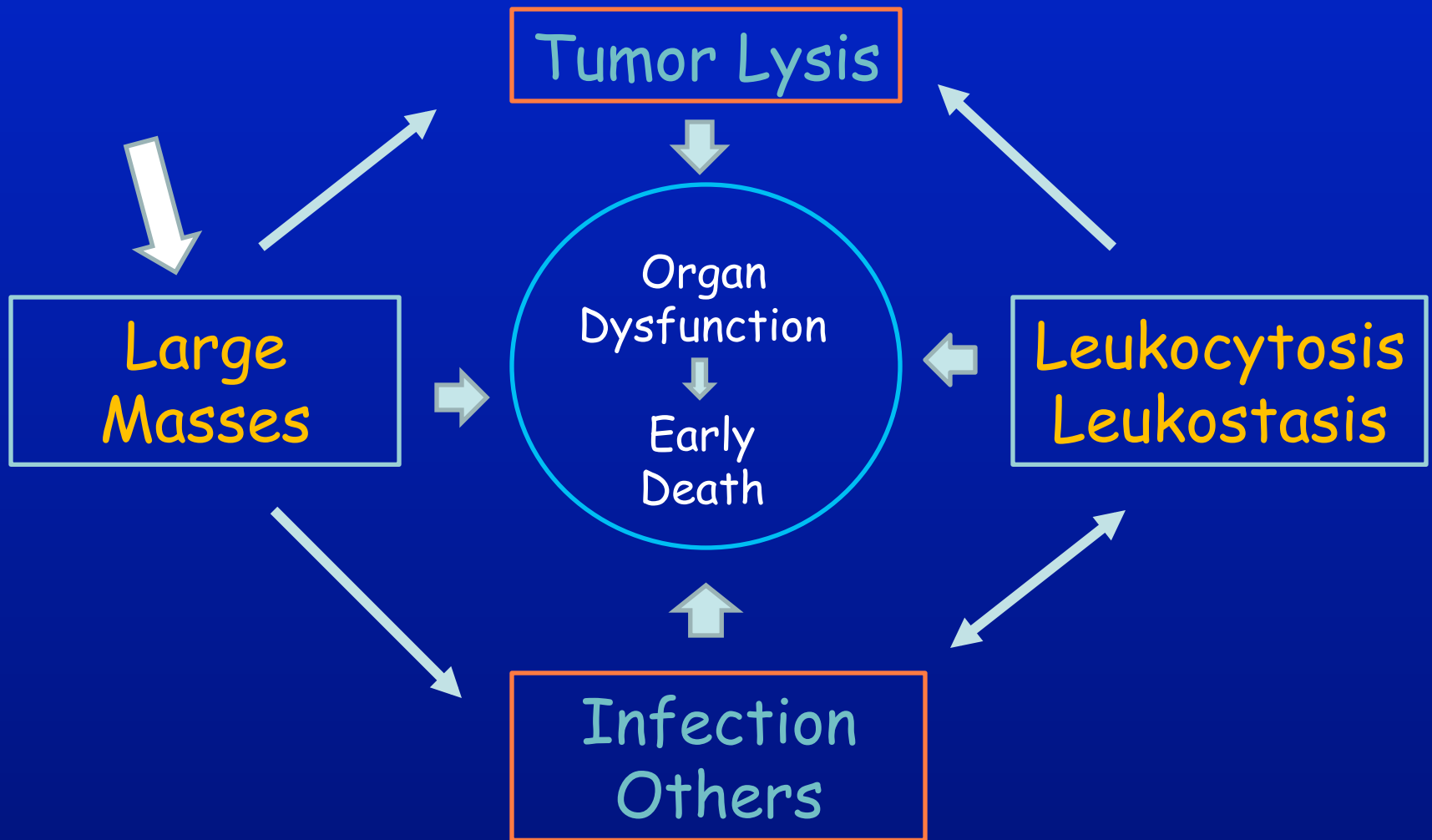
## Pathophysiology-directed strategy

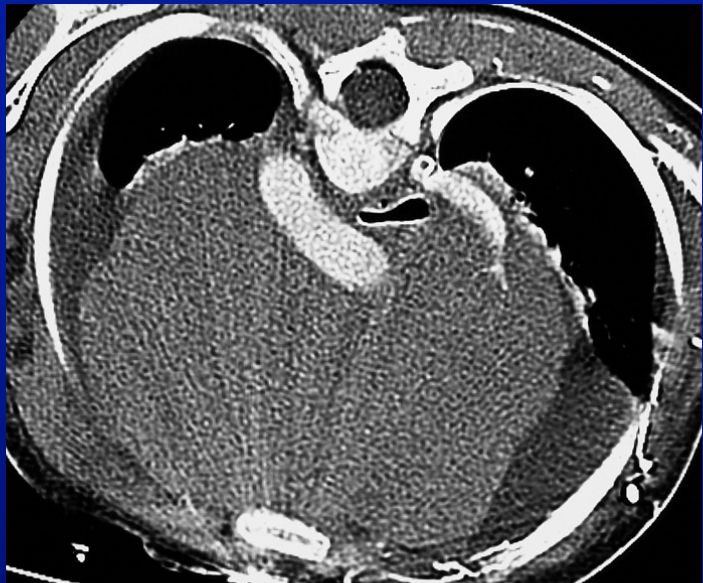
- Leukostasis
  - Gentle cytoreduction with chemotherapy
  - Corticosteroids
  - Leukapheresis
  - Avoid PRBC transfusion and diuretics
  - Maintain platelet count  $> 50 \times 10^9/L$
- Lung protection
- Correction of Metabolic problems

# WBC (x10<sup>3</sup>)



# A Pathological Conspiracy



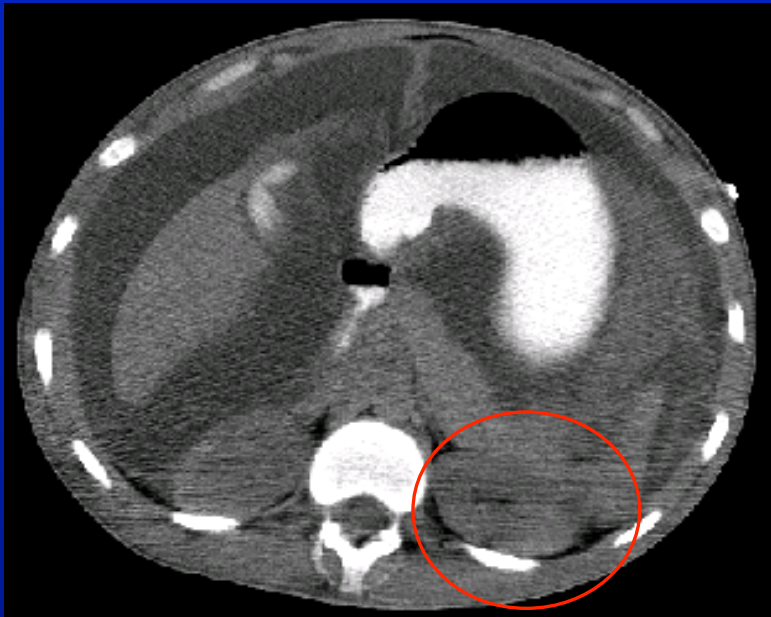


# Management of Mediastinum Compartment Syndrome

- Avoid hyperhydration
- Minimal manipulation of the patient
- Obtain diagnostic information from the most accessible site
- Multidisciplinary team approach if the patient requires invasive procedure
- Usually very sensitive to steroids

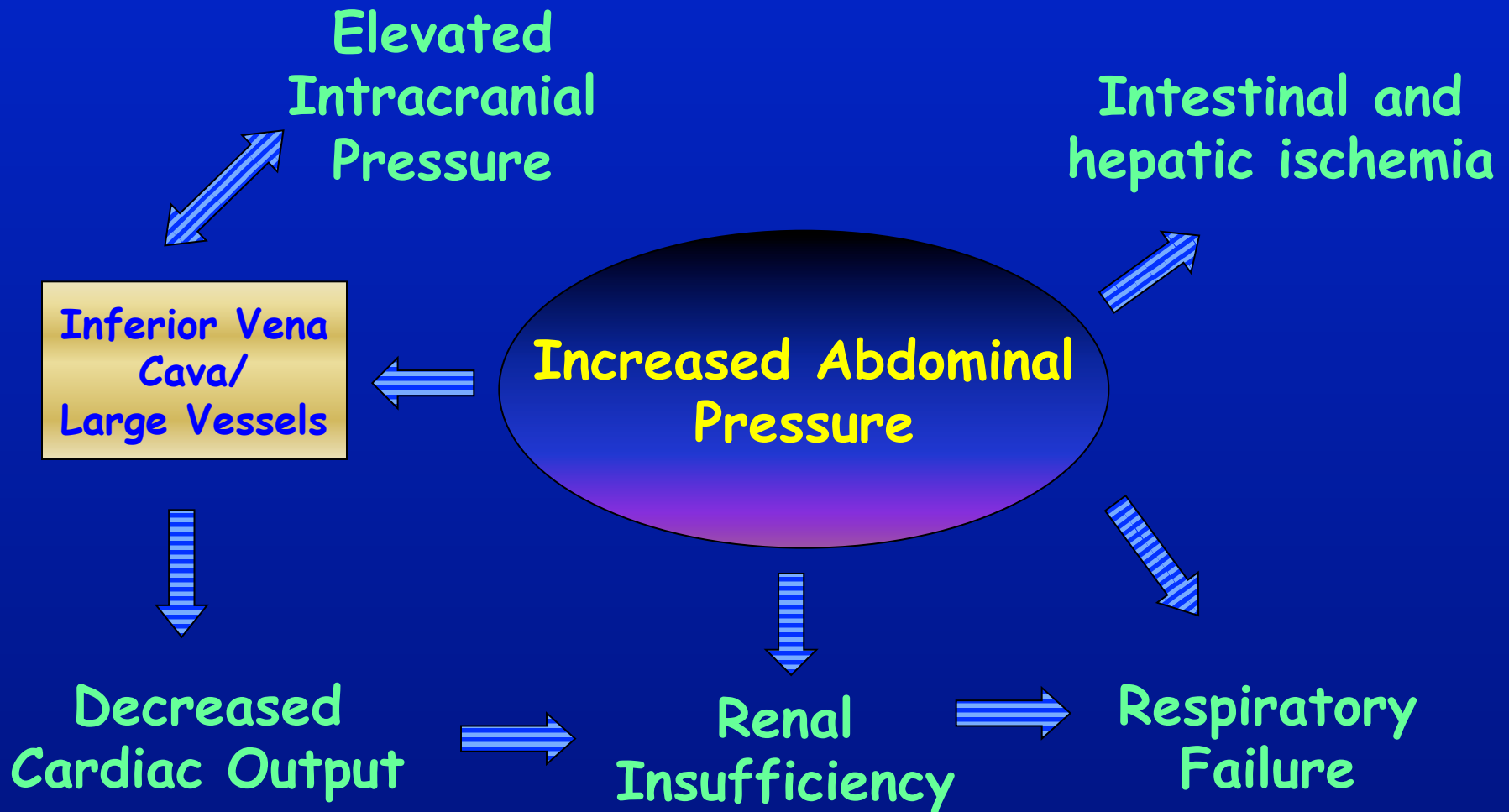


# Abdominal Compartment Syndrome



- Pathological elevation of intraabdominal pressure
- Multiple organ dysfunction
- Narrowing of the inferior vena cava
- Direct renal compression or displacement
- Bowel wall thickening
- Rounded appearance of the abdomen

# Abdominal Compartment Syndrome

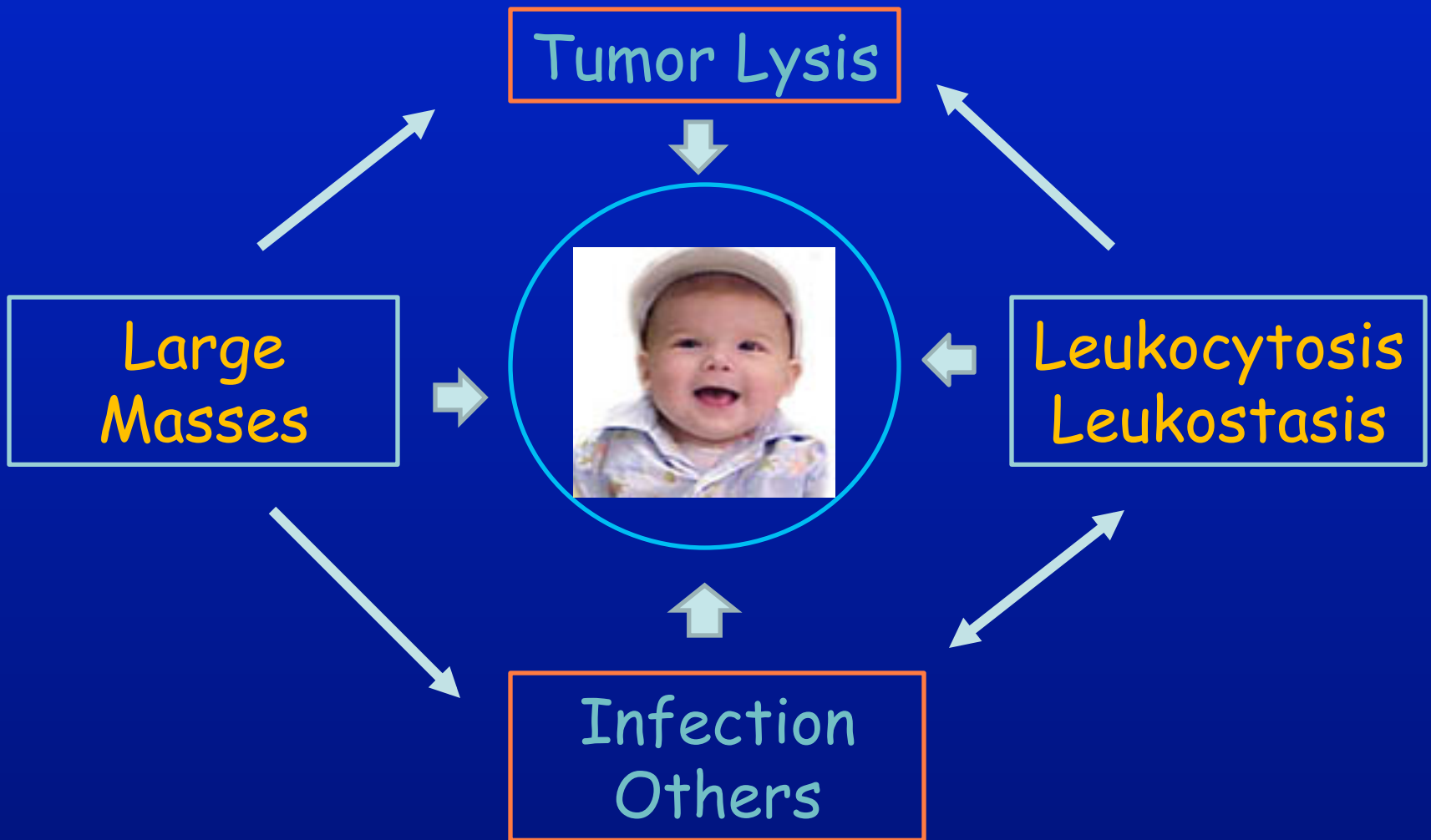


# Conclusions

Early mortality can be reduced in newly diagnosed patients with leukemia and lymphoma (<1%)

- Anticipate complications by carefully attention to clinical details
- Treatment based on the pathophysiology and leukemia cell type
- Multidisciplinary approach is essential

# Effective Interventions = Happy End!



# www.cure4kids.org

- Principles of Treatment in ALL, by Ching-Hon Pui, MD
- Early Complications of Children with Leukemia/Lymphoma: Tumor Lysis Syndrome Revisited by Raul C. Ribeiro, MD
- Early Complications of AML by Monika Metzger, MD, Nobuko Hijiya, MD and Jeffrey Schmidt, MD
- Acute Complications of Childhood Leukemia by Scott Howard
- Infectious complications in AML patients receiving chemotherapy by Beth Kurt, MD, Jeffrey E. Rubnitz, MD, PhD and Patricia Flynn, MD
- Early Complication of Acute Leukemia: Hyperleukocytosis by Eric Lowe, MD
- And many more..... choose "seminars", and type "complications and Leukemia"

